

# Known prayers flipchart - Year Three



Learning to live out our calling with compassion and love

# Making the sign of the cross

## The Sign of the Cross

right hand



1

In the name of the Father



## The Sign of the Cross



2

and of the Son



## The Sign of the Cross

left shoulder

right shoulder



3

and of the Holy Spirit



## The Sign of the Cross



4

Amen.





### Morning Prayer

Father in heaven, you love  
me,  
you are with me night and  
day.

I want to love you always  
in all I do and say.

I'll try to please you,  
Father,  
bless me through the day.  
Amen



### Lunch Prayer

Bless us, O God, as we sit  
together.

Bless the food we eat  
today.

Bless the hands that made  
the food.

Bless us, O God.

Amen.

## Grace After Meals

Thank you, God, for the food we  
have eaten,  
Thank you, God, for all our friends.  
Thank you, God, for everything,  
Thank you, God.  
Amen.



### End of Day Prayer

God our Father, I come to  
say  
thank you for your love  
today.

Thank you for my family  
and all the friends you give  
to me.

Guard me in the dark of  
night  
and in the morning send your  
light.  
Amen.

### St. Mary's School Prayer

God our Father, bless this school.  
May our lives reflect your rule.  
We ask, 'What would Jesus do?'  
To help us grow more like you.

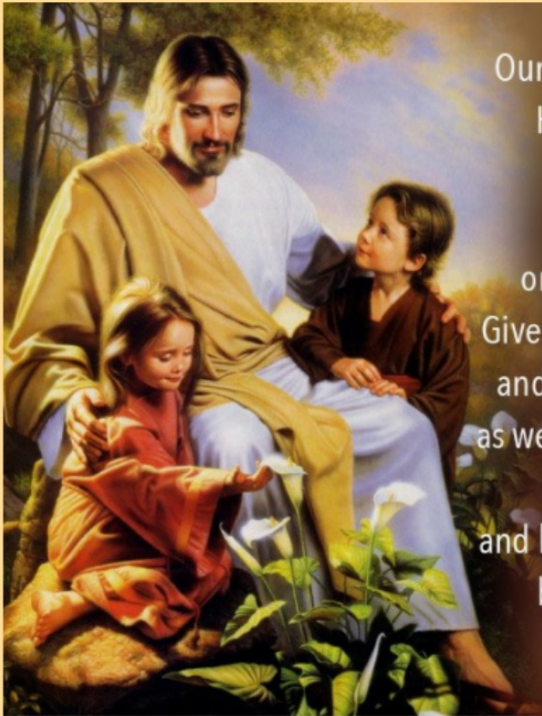
Different faces different races,  
With families in so many places.  
Yet, together, here we stand,  
Cradled in your loving hand.

Make us the best 'us' we can be  
To build a strong community.  
May we see you every day,  
In our work and in our play.

Mary you are Jesus' gentle mother.  
Be our example to each other.  
So as God's children we'll learn and grow,  
And to the world His love we'll show.      Amen



*Learning to Live Out  
Our Calling with  
Compassion and  
Love*



Our Father, Who art in heaven  
Hallowed be Thy Name;  
Thy kingdom come,  
Thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass  
against us;  
and lead us not into temptation,  
but deliver us from evil.  
Amen.'



# The Hail Mary

Hail Mary, full of grace, the Lord is with thee.  
Blessed art thou amongst women  
And blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God,  
Pray of us sinners,  
now and at the hour of our death,  
Amen.



# Glory Be

**Glory be to the Father,**

**and to the Son,**

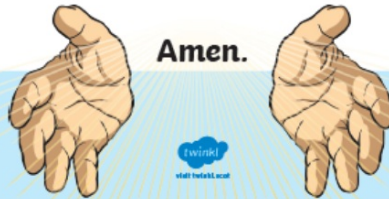
**and to the Holy Spirit.**

**As it was in the beginning,**

**is now, and ever shall be,**

**world without end.**

**Amen.**



## Act of love

O my God, I love you with my whole heart,  
and above all things,  
because you are infinitely good and perfect,  
and I love my neighbour as myself,  
for love of you.

Grant that I may love you more and more in this  
life,  
and in the next for all eternity.

Amen

## Act of Sorrow (contrition)

O my God, I thank you for loving me,  
I am sorry for all my sins:  
for not loving others,  
and not loving you.  
Help me to live like Jesus  
and not sin again.

Amen

# The Angelus



## The Angelus

**V-** The **Angel** of the Lord declared unto **Mary**.

**R-** And she conceived by the **Holy Spirit**. (Hail Mary...)

**V-** Behold the **handmaid** of the Lord.

**R-** Be it done unto me according to **Thy Word**. (Hail Mary...)

**V-** And the **Word** was made **Flesh**.

**R-** And **dwelt** among **us**. (Hail Mary...)

**V-** **Pray** for us, O Holy Mother of God.

**R-** That we may be made worthy of the promises of **Christ**.

*Let us pray:* **Pour forth**, we beseech Thee, O Lord, **Thy grace** into our hearts; that we to whom the **Incarnation** of Christ, Thy **Son**, was made known by the message of an **Angel**, may by His **Passion and Cross**, be brought to the glory of His **Resurrection**. Through the same Christ our Lord. Amen.

## The Luminous Mysteries of the rosary

<https://www.youtube.com/watch?v=Xcr7YYLI2o>

- \*The baptism of the Lord.
- \*The wedding feast at Cana
- \*The proclamation of the Kingdom
- \*The Transfiguration
- \*The institution of the Holy Eucharist