

St Mary's Catholic Primary School RSHE overview



	Autumn One	Autumn Two	Spring One	Spring Two	Summer One	Summer Two
EYFS	EYFS Module one (* Over the course of the 5 day week do the 15 minute story sessions either in the morning, start/end of afternoon) Our world assessment to be done before the first story session and at the end of the week after the last story session. -Module 1, Unit 2 I am Special Assessment -Module 1, Unit 2, Session 1 (I am me) -Module 1, Unit 2, Session 2 (Heads, shoulders, knees and toes) -Module 1, Unit 2, Session 3 (Ready teddy?) -Module 1, Unit 2 I am Special Assessment	-Module 1, Unit 3 Feelings, likes and dislikes assessment - Module 1, Unit 3, Session 1 (I like, you like, we all like) - Module 1, Unit 3, Session 2 (Good feelings, bad feelings) - Module 1, Unit 3, Session 3 (Let's get real) -Module 1, Unit 3 Feelings, likes and dislikes assessment	EYFS Module one -Module 1, Unit 4 In my life assessment - Module 1, Unit 4, Session 1 (Growing up) -Module 1, Unit 4 In my life assessment EYFS Module Two - Module 2, Unit 1 God's family assessment -Module 2, Unit 1, Session 1 (Role Model) - Module 2, Unit 1 God's family assessment	EYFS Module Two - Module 2, Unit 2 Friends and Family Assessment -Module 2, Unit 2, Session 1 (Who's who?) -Module 2, Unit 2, Session 2 (You've got a friend in me) - Module 2, Unit 2, Session 3 (Forever Friends) - Module 2, Unit 2 Friends and Family Assessment	EYFS Module Two - Module 2, Unit 3 My Body Assessment - Module 2, Unit 3, Session 1 (Safe inside and out) - Module 2, Unit 3, Session 2 (My Body, my rules) - Module 2, Unit 3, Session 3 (Feeling poorly) - Module 2, Unit 3, Session 4 (People who help us) - Module 2, Unit 3 My Body Assessment	EYFS Module 3 -Module 3, Unit 1 All Together Assessment -Module 3, Unit 1, Session 1 (God is love) -Module 3, Unit 1, Session 2 (Loving God, Loving others) -Module 3, Unit 1 All Together Assessment -Module 3, Unit 2 Helping out Assessment -Module 3, Unit 2, Session 1 (Me, you, us) -Module 3, Unit 2 Helping out Assessment
KS1	* Over the course of the 5 day week do the 15 minute story sessions either in the morning, start/end of afternoon. -Module 1, Unit 2 This is me Assessment	Key stage one Module 1 - Module 1, Unit 3 Feelings Assessment - Module 1, Unit 3, Session 1 (Feelings, likes and dislikes) - Module 1, Unit 3, Session 2 (Feelings inside out)	Key stage one Module 1 - Module 1, Unit 4 Lifelines Assessment - Module 1, Unit 4, Session 1 (The Cycle of Life) - Lifelines Assessment Key Stage One Module 2	Key Stage One Module 2 - Module 2, Unit 2 Being with others assessment Module 2, Unit 2, Session 1 (Special People)	Key Stage One Module 2 (This might work better doing over the course of the whole week) - Module 2, Unit 3 Safe or unsafe? Assessment - Module 2, Unit 3, Session 1 (Being Safe) - Module 2, Unit 3, Session 2 (Good secrets and Bad secrets) - Module 2, Unit 3, Session 3 (Physical contact)	Key Stage One Module 3 - Module 3, Unit 1 Thinking about God Assessment - Module 3, Unit 1, Session 1 (Three in one) - Module 3, Unit 1, Session 2 (Who is my neighbour?) -Thinking about God Assessment - Module 3, Unit 2 Me and my community Assessment

In each half term there will be an RSHE week. In your planning time in the week before it is up to each year group to look at the content and decide (depending on how much you have to do) how you cover this. You may want to use a whole morning/afternoon/day, 2 afternoons or you may want to cover the sessions over the whole week. Please check with Catherine if you are not sure.



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N E W	NEWCASTLE							
	- Module 1, Unit 2, Session 1 (I am Unique) Module 1, Unit 2, Session 2 (Girls and Boys) - Module 1, Unit 2, Session 3 Clean and Healthy) - This is me Assessment	- Module 1, Unit 3, Session 3 (Super Susie gets angry) - Feelings Assessment	Module 2, Unit 1 Friends Assessment - Module 2, Unit 1, Session 1 God Loves You - Friends Assessment	- Module 2 Unit 2, Session 2 (Treat others well) Module 2, Unit 2, Session 3 (and say sorry) - Being with others assessment	- Module 2, Unit 3, Session 4 (Harmful substances) - Module 2, Unit 3, Session 5 (Can you help me?) -Safe or unsafe? Assessment	- Module 3, Unit 2, Session 1 (The communities we live in) - Me and my community Assessment		
LKS2	*Over the course of the 5 day week do the 15 Minute story session either in the morning, start/end of afternoon. -Module 1 Unit 1 Tell Zog Assessment activity -Module 1, Unit 1, Session 1 (The Sacraments) -Module 1 Unit 1 Tell Zog Assessment activity - Module 1, Unit 2 All different: All loved Assessment -Module 1, Unit 2, Session 1 (We don't have to be the same) -Module 1, Unit 2, Session 2 (Respecting our bodies) -Module 1, Unit 2, Session 3 (What is puberty Y4) -Module 1, Unit 2, Session 4 (Changing Bodies Year 4) (Miss out session 5) - Module 1, Unit 2 All different: All loved Assessment	LKS2 Module One - Module 1, Unit 3 My feelings Assessment -Module 1, Unit 3, Session 1 (What am I feeling?) -Module 1, Unit 3, Session 2 (What am I looking at?) -Module 1, Unit 3, Session 3 (I am thankful) - Module 1, Unit 3 My feelings Assessment (The following unit is Year 4+) -Module 1, Unit 4 (Joe's new sister assessment) -Module 1, Unit 4, Session 1 (Life cycles) -Module 1, Unit 4 (Joe's new sister assessment)	-Story Session unit to be delivered as reflection at beginning or end of each day of this week. Friendship cake assessment to be done before the first story session and after the last story session. - Module 2, Unit 2 My Relationships Assessment -Module 2, Unit 2, Session 1 (Family, friends and others) -Module 2, Unit 2, Session 2 (When things feel bad) - Module 2, Unit 2 My Relationships Assessment	LKS2 Module Two -Module 2, Unit 3 Keeping safe - Module 2, Unit 3, Session 1 (Sharing online) - Module 2, Unit 3, Session 2 (Chatting online) -Module 2, Unit 3, Session 3 (Physical Contact)	LKS2 Module Two -Module 2, Unit 3, Session 4 (Drugs,Alcohol and Tobacco) -Module 2, Unit 3, Session 5 (First aid heroes) -Module 2, Unit 3 Keeping safe	LKS2 Module Three - Module 3, Unit 1 God and me Assessment -Module 3, Unit 1, Session 1 (Trinity House) -Module 3, Unit 1, Session 2 (What is the Church?) - Module 3, Unit 1 God and me Assessment -Module 3, Unit 2 Love in action assessment -Module 3, Unit 2, Session 1 -Module 3, Unit 2 Love in action assessment		

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NEWCASTLE						
	UKS2 Module One			UKS2 Module Two	UKS2 Module Two	UKS2 Module 3 -Module 3 Unit 1
UKS2	*Over the course of the week do the story session unit One reflection per day either at start/end of the day or beginning of the afternoon over the week. A faithful God Assessment to be carried out before the first story session and again after the last story session. -Module 1, Unit 2 My Beautiful Body Assessment -Module 1, Unit 2, Session 1 (Gifts and Talents) -Module 1, Unit 2, Session 2 (Girls' Bodies) -Module 1, Unit 2, Session 3 (Boys' Bodies) -Module 1, Unit 2, Session 4 (Spots and sleep) -Module 1, Unit 2 My Beautiful Body Assessment	-Module 1, Unit 3 This is me Assessment -Module 1, Unit 3, Session 1 (Body Image) -Module 1, Unit 3, Session 2 (Peculiar Feelings) -Module 1, Unit 3, Session 3 (Emotional Changes) - Module 1, Unit 3, Session 4 (Seeing stuff online) -Module 1, Unit 3 This is me Assessment	UKS2 Module One - Module 1, Unit 4 Growing up Assessment - Module 1, Unit 4, Session 1 (Making Babies Part one) -Module 1, Unit 4, Session 2 (Making Babies Part 2) — this is optional and can be done as a home lesson)Module 1, Unit 4, Session 3 (Menstruation) - Module 1, Unit 4 Growing up Assessment	-Module 2, Unit 1 Talking To God Assessment -Module 2, Unit 1, Session 1 (Is God calling you?) -Module 2, Unit 1 Talking To God Assessment -Module 2, Unit 2 Peter under pressure Assessment -Module 2, Unit 2, Session 1 (Under pressure) -Module 2, Unit 2, Session 2 (Do you want a piece of cake?) -Module 2, Unit 2, Session 3 (Self-talk) -Module 2, Unit 2 Peter under pressure Assessment	-Module 2, Unit 3 Dear Diary Assessment -Module 2, Unit 3, Session 1 (Sharing isn't always caring) -Module 2, Unit 3, Session 2 (Cyberbullying) -Module 2, Unit 3, Session 3 (Types of abuse) -Module 2, Unit 3, Session (Impacted Lifestyles) -Module 2, Unit 2, Session 5 (Making Good Choices) -Module 2, Unit 2, Session 6 (Giving assistance) -Module 2, Unit 3 Dear Diary Assessment	Loving our Neighbour Assessment -Module 3, Unit 1, Session 1 (The Trinity) -Module 3, Unit 2, Session 2 (Catholic Social Teaching) -Module 3 Unit 1 Loving our Neighbour Assessment -Module 3, Unit 1 Created to live in community Assessment -Module 3, Unit 2, Session 1 (Reaching out) -Module 3, Unit 1 Created to live in community Assessment

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